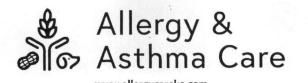
CELINA C. BERNABE, D.O., FAAAAI, FACAAI CERTIFIED-AMERICAN BOARD OF ALLERGY AND IMMUNOLOGY CERTIFIED-AMERICAN BOARD OF INTERNAL MEDICINE (98) CERTIFIED-AMERICAN BOARD OF PEDIATRICS (00)

CORI COPILEVITZ PASSER, M.D., FACAAI CERTIFIED-AMERICAN BOARD OF ALLERGY
AND IMMUNOLOGY CERTIFIED-AMERICAN BOARD OF INTERNAL MEDICINE (01)



NGUYEN P. TRAN, M.D., FAAAAI, FACAAI CERTIFIED-AMERICAN BOARD OF ALLERGY
AND IMMUNOLOGY
CERTIFIED-AMERICAN BOARD OF INTERNAL MEDICINE (09)
CERTIFIED-AMERICAN BOARD OF PEDIATRICS (10)

SARA D. AZZAM, M.D., FAAAAI, FACAAI CERTIFIED-AMERICAN BOARD OF ALLERGY AND IMMUNOLOGY CERTIFIED-AMERICAN BOARD OF INTERNAL MEDICINE (16)

10787	NALL	AVE

SUITE 200

OVERLAND PARK, KANSAS 66211

• (913) 491-3300

FAX (913) 491-0904

ASTHMA CONTROL TEST

NAME	(DOB)	DATE	
The American Lung Association recom	mends that everyone 12 years	of age and older with asth	ma take the Asthmo
Control Test. Write the number of each			
In the past 4 weeks, how much of the	ne time did your asthma kee	ep you from getting	,
as much done at work, school or at l			
All of the time?	1		
Most of the time?	2		
Some of the time?	3		
A little of the time?	4		
None of the time?	5		Score_
During the past 4 weeks, how often	have you had shortness of l	oreath?	
More than once a day?	1		
Once a day?	2		
3 to 6 times a week?	3		
Once or twice a week?	4		
Not at all?	5		Score
4 or more nights a week? 2 or 3 nights a week? Once a week? Once or twice? Not at all?	2 3 4		
	. 5		Score
During the past 4 weeks how often		inhalan an	Score_
During the past 4 weeks, how often	have you used your rescue	inhaler or	Score_
nebulizer medication (such as albute	have you used your rescue erol)?	inhaler or	Score_
nebulizer medication (such as albute 3 or more times per day?	have you used your rescue erol)?	inhaler or	Score_
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day?	have you used your rescue erol)? 1 2	inhaler or	Score_
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week?	have you used your rescue erol)? 1 2 3	inhaler or	Score_
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week? Once a week or less?	have you used your rescue erol)? 1 2 3 4	inhaler or	
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week?	have you used your rescue erol)? 1 2 3	inhaler or	Score_
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week? Once a week or less? Not at all? How would you rate your asthma c	have you used your rescue erol)? 1 2 3 4 5		
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week? Once a week or less? Not at all? How would you rate your asthma controlled at all?	have you used your rescue erol)? 1 2 3 4 5		
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week? Once a week or less? Not at all? How would you rate your asthma controlled at all? Poorly controlled?	have you used your rescue erol)? 1 2 3 4 5 ontrol during the past 4 ween 1 2		
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week? Once a week or less? Not at all? How would you rate your asthma controlled at all? Poorly controlled? Somewhat controlled?	have you used your rescue erol)? 1 2 3 4 5 ontrol during the past 4 weed		
nebulizer medication (such as albute 3 or more times per day? 1 or 2 times per day? 2 or 3 times per week? Once a week or less? Not at all? How would you rate your asthma controlled at all? Poorly controlled?	have you used your rescue erol)? 1 2 3 4 5 ontrol during the past 4 ween 1 2		

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ASTHMA CONTROL TEST.

19 OR LESS

If you scored 19 or less, it may be an indication that your asthma is not under control.

20 OR MORE

If you scored 20 or more, your asthma seems to be well controlled.

Asthma is unpredictable. Your asthma symptoms may seem mild or nonexistent, but they can flare up at any time. Take the Asthma Control Test periodically no matter how good you feel. When your asthma is controlled, you should expect to be MORE active and have FEWER symptoms.